



SAINTS SENTINEL TRAINING CATALOGUE

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TRAINING CATALOGUE



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SECTION I

BRIEF COMPANY PROFILE

1. Saints Sentinel and Services Limited (SS&S Ltd) provides support services to security agencies, security companies and the security departments of companies, organisations and agencies. The support services provided include direct training, training consultancy, intelligence and surveillance support and security personnel management.
2. Mission: The mission of Saints Sentinel is to bring out the best in companies and organisations in the Nigerian Security industry.
3. Vision: The vision of Saints Sentinel is to be the pacesetter for a revolutionary standard of security support services in Nigeria.
4. We are achieving this mission and vision by leveraging on the unique training, experience and capabilities of the Company's management team. We are experts in training, intelligence gathering, community relations, security planning and management, and specialized security services.
5. Our Team. We have a well-trained, experienced and effective team who render unique and highly effective training, intelligence and operations support services.

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a. **Lieutenant Commander CB Chikeziri (rtd).** Chinazo Bertrand Chikeziri is the leader of the Saints Sentinel Training Team. He was in the Nigerian Navy Special Boat Service (Naval Special Forces) for more than 7 years during which time he attended various foreign and local courses. He was trained in training development, intelligence gathering and analysis by US Navy SEALs and in civil military cooperation (community relations) at operator and staff planning levels by the British Army. He was also trained in influence operations by UK Special Forces and in protection operations by the DSS. Additionally, he was trained in various levels of counter-terrorism in Nigeria and USA by US Special Forces (Army and Navy). Chikeziri held several key positions as a Special Forces officer, but spent most of his time as an instructor in the Naval Special Forces Training Base and the Joint Maritime Security Training Center. He trained hundreds of personnel from the Navy, Army and Police, including Ghanaian Special Forces personnel on various areas of security operations. After leaving the Navy, he has been handling the training of the Defence Headquarters Special Forces and the induction training of personnel of the Army, Navy, Airforce, DSS, Police and Civil Defence into DHQ led operations. He has also conducted training for the police and a number of corporate bodies.

b. **Other Members of the Team.** The Saints Sentinel team consists of a mix of ex-servicemen and well trained civilian personnel. The ex-military personnel have varying backgrounds including intelligence, physical training, engineering, special forces, etc. The team also consists of ex-policemen and civilians with extensive security training and experience. This heterogeneous team is well rounded and equipped to effectively plan, execute or manage different spheres of security support operations.

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SECTION II

COURSES FOR MILITARY AND PARA-MILITARY SERVICES AND SECURITY AGENCIES

1. **Instructor Development Course.** This Course is designed for personnel who will be assigned as instructors or training supervisors. It provides the skills required to plan and conduct formal training and develop training packages to meet specific operational requirements. The training includes training development, public speaking, planning of learning objectives, development of lesson topic guides, instructional techniques, and effective communication. This course can be taken as a stand-alone course but is recommended as a follow-on course to any of our other courses.



Course Information

- a. Duration: 3 Weeks.
- b. Method of Instruction: Class room lectures and practical demonstrations.

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2. **VIP Protection Course.** This Course is for the security officers, private security details (PSDs), body guards and escorts of heads of services and organisations, VIPs and public officials. It equips them with the requisite skills and capabilities to ensure the safety of their Principals.

Course Information

- a. Duration: 4 Weeks.
- b. Method of Instruction: Class room and outdoor practicals.
- c. Course Contents:

- (1) Weapon handling and marksmanship training.
- (2) VIP escort procedure.
- (3) Site security.
- (4) Risk and threat assessment.
- (5) IED identification and recognition.
- (6) Motorcade.
- (7) Evasive driving.
- (8) Security planning.
- (9) Emergency procedures.
- (10) Security advance party, public appearance and short duration stay.
- (11) Practical emergency scenarios.



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3. **Jungle Operations Course.** This training is designed to equip military or police personnel to effectively and successfully combat the menace of banditry and kidnapping. It will give them the operational and combat skills to find, fix and apprehend these criminals in their jungle hideouts and enclaves.



Course Information

- a. Duration: 13-weeks
- b. Method of Instruction: Classroom, outdoor practicals and field exercises.
- c. Course Content:

Phase 1 (1 week): Screening and Selection.

Phase 2 (2 weeks): Physical conditioning.

- (1) Physical Fitness and Endurance Training.
- (2) Unarmed Combat.
- (3) Long Range Patrols.



Phase 3 (5 weeks): Jungle Survival and Reconnaissance.

- (1) Jungle Reconnaissance and Tracking.
- (2) Jungle Survival.

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- (3) Map Reading and Land Navigation.
- (4) Intelligence Gathering.
- (5) Counter IED.

d. Phase 4 (5 weeks): Jungle Combat.

- (1) Jungle Combat Drills.
- (2) Skill at arms and advanced marksmanship.
- (3) Tactical Combat Casualty Care.
- (4) Insertion and Extraction Techniques.
- (5) Tactical Communications.



4. **Special Weapons and Tactics (SWAT) Course.** This course is used to develop a specially trained para-military direct action team. It builds the capability of police, or any other security service, teams to conduct close quarters combat in urban and high risk environments, using specialized weapons and equipment, to tackle situations beyond the ability of conventional forces.

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- a. Duration: 8 Weeks.
- b. Method of Instruction: Class room lectures and outdoor practicals.
- c. Contents:
 - (1) Fast response, high accuracy shooting.
 - (2) Hostage rescue in different types of structures, in different environments; urban, rural and forest.
 - (3) Rappelling and fast rope insertion and extraction.
 - (4) Close quarter combat.
 - (5) Unarmed Combat and prisoner apprehension.
 - (6) Tactical Combat Casualty Care.



5. **Tactical Riverine Operations Course.** This course is designed for junior officers and senior enlisted, or equivalent, personnel of the armed forces, police and security agencies who conduct operations in riverine and littoral environments. It provides them with specialized training necessary to safely and effectively plan and execute riverine operations in support of interdiction, anti-

illegal bunkering, anti-smuggling, counter-terrorism, counter-narcotics and back-water security operations.



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Course Information

- a. Duration: 10 Weeks.
- b. Method of Instruction: Class room lectures and outdoor/underway practicals.
- c. Contents:
 - (1) Basic swimming and water survival.
 - (2) Prestart checks and patrol craft safety precautions.
 - (3) Patrol craft familiarization.
 - (4) Basic Outboard engine maintenance.
 - (5) Boat handling.
 - (6) Fast recovery and man overboard drills.
 - (7) Formations.
 - (8) Tactical Communication.
 - (9) Pacing drills and high speed manoeuvres.
 - (10) Navigation.
 - (11) Intelligence gathering.
 - (12) Water borne guard post and interdiction operations.
 - (13) Ambush and counter ambush.
 - (14) Immediate action drills.
 - (15) Insertion and Extraction.





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- (16) Weapons handling and underway marksmanship.
- (17) Human rights law and laws of armed conflict.
- (18) Combat first aid.
- (19) Mission planning.
- (20) Influence operations.



6. **Tactical Boat Operations Course.** This course is designed for junior officers and senior enlisted, or equivalent, personnel of the armed forces, police and security agencies which conduct operations in riverine and littoral environments. It provides them with specialized training necessary to safely and

effectively operate boats to support personnel conducting riverine operations. It teaches personnel to drive, maintain and manage boats in support of riverine operations.

Course Information

- a. Duration: 8 Weeks.
- b. Method of Instruction: Class room lectures and outdoor/underway practicals.
- c. Contents:
 - (1) Basic swimming and water survival.
 - (2) Prestart checks and patrol craft safety precautions.
 - (3) Patrol craft familiarization.
 - (4) Basic Outboard engine maintenance.

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- (5) Boat handling.
- (6) Man overboard drills.
- (7) Formations.
- (8) Tactical Communication.
- (9) Pacing drills and high speed manoeuvres.
- (10) Navigation.
- (11) Immediate action drills.
- (12) Insertion and Extraction.
- (13) Human rights law and laws of armed conflict.
- (14) Combat first aid.
- (15) Mission planning.

7. **Basic Boat Handling Course.** This course is designed to train students in boat driving, management and basic maintenance.

Course Information

- a. Duration: 3 Weeks.
- b. Method of Instruction: Class room lectures and outdoor/underway practicals.
- c. Contents:



- (1) Basic swimming and water survival.
- (2) Prestart checks and patrol craft safety precautions.
- (3) Patrol craft familiarization.
- (4) Basic outboard engine maintenance.
- (5) Basic boat manoeuvres.
- (6) Man overboard drills.
- (7) Formations.
- (8) Basic navigation.
- (9) Human rights law.

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(10) First aid.

8. Maritime Counter-Terrorism/Counter-Insurgency (MCTCOIN) Course.



This course gives selected junior officers and enlisted personnel of the military, para-military and government security agencies the capability to conduct counter-terrorist, counter-insurgency and counter-narcotics operations in a maritime or littoral environment.

- a. Duration: 12 Weeks.
- b. Method of Instruction: Class room lectures and outdoor practicals.
- c. Contents:
 - (1) Basic Swimming and water survival.
 - (2) Boat handling.
 - (3) Tactical Communication.
 - (4) Pacing drills and high speed manoeuvres.



- (5) Navigation.
- (6) Fast recovery and man overboard drills.
- (7) Brown water interdiction operations.
- (8) Ambush and counter ambush.
- (9) Immediate action drills.



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- (10) Insertion and Extraction.
- (11) Weapons handling and underway marksmanship.
- (12) Human rights law and laws of armed conflict.
- (13) Combat first aid.
- (14) Mission planning.
- (15) Influence operations.
- (16) Maritime Law.
- (17) Maritime Threats Assessment.
- (18) Interagency Cooperation.
- (19) Maritime Anti-Terrorism.
- (20) Law Enforcement Techniques.
- (21) Maritime Interdiction/Boarding Operations.
- (22) Maritime Tactical Operations Center/Maritime Intelligence Operations Fusion Center Fundamentals.



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9. **Maritime Interdiction and Law Enforcement Course**. This course is for personnel of services, security agencies and organizations involved in security operations, counter-piracy operations, interdictions, and enforcement of laws and regulations in the maritime environment.

- a. Duration: 4 Weeks.
- b. Method of Delivery: Classroom lectures and outdoor/underway practicals.
- c. Contents:
 - (1) Operational First Aid.

- (2) Basic Swimming and Water Survival.
- (3) Maritime Law.
- (4) Human Rights Law.
- (5) Maritime Threats Assessment.
- (6) Interagency Cooperation.
- (7) Maritime Terrorism.
- (8) Law Enforcement Techniques.



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- (9) Maritime Interdiction/Boarding Operations.
- (10) Maritime Tactical Operations Center/Maritime Intelligence Operations Fusion Center Fundamentals.
- (11) Weapon Handling and Safety.
- (12) Operational Risk Assessment and Management.

10. **Tailored Courses.** Tailored Courses are courses developed based on the recipients' needs and requirements. They are custom-made for specific clients to correct a skill deficit or provide key capabilities to enable them meet their operational or leadership requirements.



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SECTION III

COURSES FOR PRIVATE SECURITY COMPANIES AND SECURITY STAFF OF COMPANIES AND ORGANISATIONS

1. **Security Operations Introductory Course.** This is an introductory course for Private Security Operatives. It is designed to introduce newly recruited/employed security operatives to the concept of security and serves as an orientation into the security profession. It serves the purpose of equipping newly recruited/employed security operatives to carry out the duties of a security guard pending when they qualify for more advanced training.

Course Information

- a. Duration: 5 days
- b. Method of Instruction: Class room and outdoor practicals.
- c. Contents
 - (1) Basic drill and physical exercises.
 - (2) Security General.
 - (3) Physical Security.
 - (4) Security Patrols and Searching.
 - (5) Response to Armed Attack.
 - (6) Intro to First aid, Firefighting and Safety.



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2. **Basic Security Operator Course.** This is a foundation course for all security operators. It provides a full scope of comprehension on security practices for residential, corporate and industrial facilities.

Course Information

- a. Duration: 3 Weeks
- b. Method of Instruction: Class room and outdoor practicals.
- c. Contents:
 - (1) Security General.
 - (2) Physical Security.
 - (3) Access Control.
 - (4) Mail and Parcel Handling.
 - (5) Search.
 - (6) Crisis Response.
 - (7) Personnel Security.
 - (8) Information Security.
 - (9) IEDs.
 - (10) Response to Armed Attack.
 - (11) Communication.
 - (12) Unarmed Combat.
 - (13) Basic Firefighting and Safety.
 - (14) Hostile Reconnaissance.



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3. **Security Supervisor Course.** This Course gives trained and experienced security operators the planning and leadership capabilities required to be security supervisors.

Course Information

- a. Duration: 2 Weeks.
- b. Method of Instruction: Class room and outdoor practicals.
- c. Contents:
 - (1) Basic Security Operator Course Review.
 - (2) Security Planning.
 - (3) Risk and Threat Assessment.
 - (4) Intelligence Gathering.
 - (5) Search Planning and Supervision.
 - (6) Crisis Response and Evacuation Planning.
 - (7) Threat Levels.
 - (8) Community Relations.

4. **Instructor Development Course.** This Course is designed to develop instructors or training supervisors. It provides the skills required to plan and conduct formal training and develop training packages to meet specific operational requirements. The training includes training development, public speaking, planning of learning objectives, development of lesson topic guides, methodology and techniques of instruction, and effective



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communication. This course can be taken as a stand-alone course but is recommended as a follow-on course to any of our other courses.

Course Information

- a. Duration: 3 Weeks.
- b. Method of Instruction: Class room lectures and practicals.



5. **Executive (VIP) Protection Course.** This Course is for the security officers, private security details (PSDs) and body guards. It equips them with the requisite skills and capabilities to ensure the safety of their Principals.

Course Information

- a. Duration: 4 Weeks.
- b. Method of Instruction: Class room and out door practicals.
- c. Contents:
 - (1) Basic Security Operator Course
 - (2) Overview of VIP/Executive Protection/Body Guard Services.
 - (3) Introduction to CBR threats.
 - (4) Personal Security.
 - (5) Tactical Radio Communications.
 - (6) Human rights and VIP protection.

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- (7) Team Building.
- (8) Security of VIP's Office and Residence.
- (9) Duties of Protective Security Detail.
- (10) Terrorist Threats/Basic Anti-terrorism.
- (11) Body Protection Drills.
- (12) Motorcade.
- (13) Anti-Ambush Drills.
- (14) Emergency Response Procedure.
- (15) Security Searches.
- (17) Security Advance Party and Public Appearances.
- (18) Unarmed Combat.
- (19) Intelligence Gathering and Analysis.
- (20) Risk and Threat Assessment.



6. **Boat Handling Course**. This course is designed to train students in boat driving, management and basic maintenance.

Course Information

- a. Duration: 3 Weeks.
- b. Method of Instruction: Class room lectures and

outdoor/underway practicals.

c. Contents:

- (1) Water survival.

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- (2) Prestart checks and patrol craft safety precautions.
- (3) Patrol craft familiarization.
- (4) Basic outboard engine maintenance.
- (5) Basic boat manoeuvres.
- (6) Man overboard drills.
- (7) Formations.
- (8) Basic navigation.
- (9) First aid.

7. **Tailored Courses.** Tailored Courses are courses developed based on the recipients' needs and requirements. They are custom-made for specific clients to correct a skill deficit or provide key capabilities to enable them meet their operational or leadership requirements.

SECTION IV

MAINTENANCE COURSES



1. **Outboard Engine Maintenance and Overhaul Course.** This course is meant for persons with basic technical knowledge of internal combustion engines and who will be involved in the operation and maintenance of outboard engines.

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It is designed to provide basic and advanced training necessary to maintain and overhaul outboard engines.

The Course will run for 8 weeks, will involve theory and workshop practicals and cover the following modules:

- a. Engineering Fundamentals.
- b. Packing, Gaskets, Seals, Lubricants, and Sealants.
- c. Outboard Engine.
- d. Electrical Systems.
- e. The Fuel System.
- f. The Oiling System.
- g. The Gearcase.
- h. Mid Section.
- i. Trim & Tilt Systems.
- j. The Powerhead.
- k. Engine Tune-ups.
- l. Propeller fundamentals.
- m. Trouble shooting.
- n. Preventive Maintenance Procedures.
- o. Recovered submerged engine maintenance procedure.



2. **Boat Hull Maintenance Course.** This Course is designed to provide basic and advance training necessary to maintain and repair small craft fiberglass and inflatable hulls. The Course will run for 3 weeks, will involve theory and workshop practicals, and cover the following topics.



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- a. Safety Practices
- b. Inflatable Hull Repair
- c. Fiberglass Repair



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